

Iron Standards

(9) Gambling is prohibited in most establishments.

3. Public Use of Alcohol:

- a. Iron Soldiers will not operate or travel in a POV with open containers of alcohol. Iron Soldiers will not carry in public open containers of alcoholic beverages except in areas designated for their consumption (picnic grounds, beer garden, etc.).
- b. **IRON SOLDIERS DO NOT DRINK AND DRIVE!** Know and use the designated driver rule. Groups of soldiers will designate a driver who will not drink. Use public transportation such as taxis and buses.
- c. **The German drunk driving standard is .05%.**
- d. Soldiers under the age of 18 cannot consume alcohol.

4. Use of Drugs:

- a. The Army's policy on illegal drugs is **ZERO TOLERANCE.**
- b. Iron Soldiers do not use illegal drugs. Iron Soldiers are forbidden from using illegal drugs at anytime. This includes time spent on leave or pass while visiting other countries.
- c. Soldiers who use drugs will be caught. Soldiers caught using illegal drugs could ruin their military career, receive non-judicial punishment under the Uniform Code of Military Justice or court martial, be discharged early from the military with a loss of all benefits, be sentenced to prison, create financial strains on family, or all of the above. The cost of using illegal drugs is not worth the impact on your life. Stay drug free.

4. Radios, Stereos, Cassette and CD Players:

- a. Loud playing of radios, stereos, cassette, CD players or similar devices in public places, on and off post, is a crime. German police have the authority to confiscate such devices when they are played in public areas. These devices disturb and deny others their individual freedom. As a soldier, you are sworn to uphold and safe-guard the freedom of all.

Treat Everyone with Dignity and Respect

- b. Loud playing of radios, stereos, cassette/CD players or similar devices in the housing areas, billets, on or off post is a violation of division policy. Commanders have the authority to confiscate such devices when they are played in such a manner that they disturb other soldiers or citizens. Remember: Do not share your music with others.
- 5. **Relationships between Soldiers of Different Ranks:** Professional relationships between soldiers are encouraged. Relationships between soldiers of different ranks that involve or give the appearance of partiality or preferential treatment or result in improper personal gain are prohibited. AR 600-50 and the Joint Ethics Regulation govern financial transactions between superiors and subordinates.
- 6. **EO/Sexual Harassment:** All soldiers have the right to be treated fairly without regard to their sex, race, religion or ethnic background. This includes not being sexually harassed. A soldier or civilian employee engages in sexual harassment when – through behavior of a sexual nature – attempts to control, influence or affect the career, pay or job of a soldier or civilian employee; or makes deliberate or repeated verbal comments or gestures of a sexual nature that are offensive to the person to whom addressed; or makes abusive physical contact of a sexual nature. Some points to consider:
 - a. Sexual harassment is punishable under the UCMJ.
 - b. Anybody can do it; anyone can be a victim.
 - c. It can happen anywhere, not just in the workplace.
 - d. Don't keep asking a person for a date after you are told no.
 - e. Don't use obscene or dirty language, gestures or cadence calls.
 - f. Treat people the way you want to be treated.
 - g. If you think it's wrong, it probably is.
- 7. **Military Courtesy (Officer):**
 - a. Courtesy is respect for and consideration of others in the Army. The various forms of courtesy have become customs and traditions. It is important to render these courtesies correctly.

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- b. The salute is a military tradition that extends a greeting and exchange of respect among military personnel. Soldiers will salute in garrison and field environments. Saluting and exchanging greetings while in civilian clothes is encouraged when on military installations. Soldiers who recognize an officer or senior officer while in the Army PT uniform will salute and render the appropriate response.
 - (1) Salutes are rendered by enlisted personnel to officers and warrant officers and by junior officers to senior officers. Salute all standards and flags for senior officers displayed on military vehicles.
 - (2) Military customs encourage the exchange of an oral greeting between soldiers when they salute. Saying your unit motto or “Iron Soldiers,” followed by “sir/ma’am” is an appropriate salutation for all Iron Soldiers. Military courtesy places an obligation on the responding soldier to accompany his/her return salute with an appropriate greeting or response like “Iron Soldiers”. The spirit in which greetings are exchanged is more important than the words. Good soldiers in good units are eager to exchange greetings with enthusiasm and motivation.
 - (3) Saluting distance is recognition distance. If an individual is coming your way, wait until you are about six steps apart and then render the salute. If he/she is at a distance and turning away, the proper saluting distance is “recognition” distance. When you recognize an officer in a vehicle you should salute. The operator of a vehicle or bicycle is not required to salute.
 - (4) The following rules apply in most situations you are likely to encounter:
 - a. Unit Headquarters, Orderly Rooms, Supply Rooms, Day Rooms and Squad Rooms. The first soldier to see an officer who is senior in rank to the officer present should call “Attention”. The senior soldier present in the area should report to the visiting officer who will normally command “Carry On”. In smaller rooms containing one or two enlisted soldiers, the soldiers will rise and stand at attention when an officer enters the room. When an officer enters, the senior soldier comes forward and says the unit motto or “Iron Soldiers,” followed by “sir/ma’am,” as appropriate.
 - b. Classrooms. If an officer enters a classroom in which instruction is being given, an assistant instructor should report to the officer. Should the inspecting officer wish to speak to the class, the assistant instructor will notify the primary instructor. The class should not be disrupted by an inspecting officer’s visit.

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- (4) The following rules apply in most situations you are likely to encounter:
 - a. Unit Headquarters, Orderly Rooms, Supply Rooms, Day Rooms and Squad Rooms. The first soldier to see an officer who is senior in rank to the officer present should call “Attention”. The senior soldier present in the area should report to the visiting officer who will normally command “Carry On”. In smaller rooms containing one or two enlisted soldiers, the soldiers will rise and stand at attention when an officer enters the room. When an officer enters, the senior soldier comes forward and says the unit motto or “Iron Soldiers,” followed by “sir/ma’am,” as appropriate.
 - b. Classrooms. If an officer enters a classroom in which instruction is being given, an assistant instructor should report to the officer. Should the inspecting officer wish to speak to the class, the assistant instructor will notify the primary instructor. The class should not be disrupted by an inspecting officer’s visit.
 - c. Work Areas. When an officer enters, personnel who are working do not come to attention or at-ease unless the officer speaks to them. Unless involved in the transaction of routine business between individuals at work, an enlisted soldier or junior officer should stop working and come to attention when addressed by a senior officer.

Iron Standards

- d. Dining Facilities. The first soldier to see an officer senior to those routinely present in the dining facility should call “At Ease” so the officer’s presence is known and necessary action can be taken. Soldiers should fall silent but continue to work or eat. The dining facility shift supervisor should report to the officer. Normally the visiting officer will command “Carry On” or “Continue to Work”. Enlisted personnel addressed by the officer should stop eating and rise unless the officer directs otherwise. Officers are expected to rise if addressed by an officer senior to them.
- e. Conferences and Briefings. Upon arrival of a commander or other senior officer at briefings or conferences to be held with his subordinates the senior soldier present announces “Gentlemen” or “Ladies and Gentlemen”, the division/brigade/battalion/company commander”. At that time, everyone present will come to the position of attention until directed to be seated. At the end of the meeting and as the commander begins to leave, all personnel rise or, if necessary, the next senior soldier calls “Attention”. Those present salute and say, “Iron Soldiers”, as appropriate.
- f. During Conversation. When spoken to by a senior officer, all soldiers, officers and enlisted, should come to the position of attention and face the senior officer. Normally, the senior officer will direct “At Ease” or “Carry On”. At other times, such as during the conduct of routine business or informal conversation, a junior officer or enlisted soldier should face the superior officer and be “At Ease”. When walking with a senior officer, a junior officer or enlisted soldier will walk to the senior’s left.
- g. In Formation. When an officer approaches soldiers in formation, the soldier in charge calls “Attention” and renders a salute for the entire group. When an officer senior in rank approaches a group of soldiers who are not in formation the first person to see him calls “Attention” and everyone in the group faces the officer and renders a salute with the appropriate greeting. Soldiers working as part of a detail or participating in some other group activity, such as athletics, do not salute.
- h. Outside the PX, Post Theater and Other Congested Areas. All soldiers, officers and enlisted, will render the proper salute unless the act would be impractical (i.e., arms full of items), in which case, proper verbal greetings should be exchanged.

- i. Soldiers encountering an officer senior to them with his or her arms full will continue to render the salute. The officer should respond with the appropriate greeting, even though his/her arms are full and he/she is unable to salute.

8. Military Courtesy (NCO):

- a. Unit Headquarters, Orderly Rooms, Supply Rooms, Day Rooms and Squad Rooms. The first soldier to see the CSM enter the room where no officers are present should call "At Ease". The senior soldier present in the area should report to the visiting CSM who will normally command "Carry On". In smaller rooms containing one or two enlisted soldiers, the soldiers should rise and stand at ease when the CSM enters the room. When the CSM enters, the senior soldier comes forward and says "Iron Soldiers".
- b. Work Areas. When the CSM enters, personnel who are working do not come to at-ease unless the CSM speaks to them. Unless involved in the transaction of routine business between individuals at work, an enlisted soldier should stop working and come to parade rest when addressed by the CSM.
- c. When the CSM/1SG enters or leaves his place of duty (the Headquarters/ Company buildings) for the day and no officers are present, soldiers will sound off with "At-Ease".
- d. When an enlisted soldier is speaking to a Noncommissioned Officer, the soldier stands at parade rest unless otherwise directed by the NCO.
- e. A subordinate will stand when spoken to by someone senior in rank, unless the superior directs otherwise.
- f. When walking with a senior soldier, the junior soldier walks to the senior's left side.

9. Military Courtesy (General):

- a. When outdoors, Iron Soldiers will render the hand salute or present arms when passing or being passed by uncased National Colors. The salute will be rendered when the Iron Soldier is six steps away from the Colors. When indoors, stand at attention until uncased Colors have passed six steps by. In civilian attire, pay honors to the Colors by removing the headgear with the right hand and by holding the right hand over the heart.

Iron Standards

- b. Military photographers covering ceremonies will render the appropriate courtesy during the playing of the National Anthem.
- c. Iron Soldiers will stand at attention during the playing of the National Anthem indoors (i.e., in theaters and gymnasiums).
- d. Iron Soldiers always show proper respect for the flag. These procedures should be studied to the point that courtesy is shown automatically. Iron Soldiers will show proper respect for NATO partners, especially our host nation, by providing the same honor for their flags and national anthems.
- e. Iron Soldiers will stand at attention and sing the words whenever the Army Song is played.
- f. Iron Soldiers will stand at attention and sing the words whenever “The Old Ironsides March” is played.
- g. **“Reveille”:** When outside in military uniform (duty, Class A, physical fitness, etc.) and not in formation, come to the position of Attention face the flag or music and render a salute on the first note. Remain at Present Arms until the last note is played. In civilian clothes, stand at Attention and place your right hand over your heart (or headgear over your heart, if worn) until the last note is played.
- h. **“Retreat” and “To The Colors”:** When outside, in uniform and not in formation face towards the flag or music and assume the position of Attention on the first note of “Retreat”. Remain at attention and render a hand salute on the first note of “To the Colors”. Remain at present arms until the last note is played. In civilian clothes, stand at Attention on the first note of “Retreat”. On the first note of “To The Colors” place your right hand over your heart (or headgear over your heart, if worn) until the last note is played.
- i. **National Anthem:** When outside, in uniform and not in formation, face toward the flag or music and assume the position of Attention and render a hand salute on the first note of the music. Remain at present arms until the last note is played. In civilian clothes, stand at Attention and place your right hand over your heart (or headgear over your heart, if worn) until the last note is played.
- j. When any of the ceremonial songs above are played/heard, all vehicles in the area will stop; the occupants dismount the vehicle and render the proper courtesy. Civilians are expected to place their right hands over their hearts.

Appendix 1

1. This packing list standardizes the packing of rucksacks, A and B bags for the 1st Armored Division. Bags will remain packed in this configuration at all times. These packing lists enable soldier leadership to account, standardize and provide their soldiers a base for mission packing.
2. Unit leaders will make changes to this packing list based on METT-T. Brigade and Battalion CSMs will approve mission based packing lists that differ from the division standard.
3. Deployment Uniform:
 - A. LBE (or LBV if issued)
 - (1) Individuals carry DD Form 1155 (Witness Statement), DD Form 1156 (Casualty Feeder Report) and DD Form 1380 (Medical Evacuation Card) in a small waterproof bag in their Kevlar helmets.
 - B. Kevlar w/cover/cammo band & rank
 - C. Body armor, if required
 - D. Protective mask
 - E. BDUs, shirt, bottom w/black belt and black buckle, green/black socks, black combat boots
 - F. Identification tags, 2 each w/Army Values tag
 - G. Brown T-shirt
 - H. Pen or pencil and note-taking material
4. Rucksack:
 - A. Packing list:
 - (1) 1 x waterproof bag
 - (2) 2 x drawers, cotton briefs (optional)
 - (3) Field pack, butt (optional)
 - (4) Flashlight (in radio pouch)
 - (5) Gloves, Gortex
 - (6) Sleeping pad (optional)
 - (7) Wet weather parka (right outside pocket)
 - (8) Wet weather trousers (left outside pocket)
 - (9) Trousers, Gortex (if not worn, put inside rucksack)
 - (10) Jacket, Gortex (if not worn, put inside rucksack)

Appendix 1

- (11) Poncho (center outside pocket)
- (12) Poncho liner (optional)
- (13) Shaving kit: shaving cream, foot powder, razor with extra blades, insect repellent, soap in dish, camouflage stick, toothpaste with brush, sewing kit, female hygiene items (for female soldiers)
- (14) 2 x Socks, cushion sole (top flap, waterproofed)
- (15) 2 x T-shirts (top flap, waterproofed)
- (16) Shoe shine kit
- (17) Tool, entrenching (right side as worn)
- (18) 1 x Towel, brown
- (19) 1 x Washcloth
- (20) 1 x Coat, BDU
- (21) 1 x Trousers, BDU
- (22) 1 x Polypropylene shirt
- (23) 1 x Polypropylene trousers
- (24) Weapons cleaning kit (inside top flap)
- (25) Balaclava, black
- (26) Sleeping bag
- (27) 1 x BDU cap

NOTE: All items inside must be waterproofed.

5. A-Bag Packing List

- (1) Bag, duffel with lock
- (2) Bag, barracks
- (3) Bag, waterproof
- (4) Civilian clothes (as directed)
- (5) 2 x Coat, BDU
- (6) 2 x Trousers, BDU
- (7) 5 x Drawers, cotton brief (optional)
- (8) Field jacket
- (9) Field jacket liner (if not in rucksack)
- (10) 2 x Garbage bags, 5 gallon (optional)
- (11) Gloves, black with inserts
- (12) Pin-on rank, one set (pinned on duffel bag flap)
- (13) Shower shoes
- (14) 2 x Socks, cushion sole
- (15) 2 x White socks
- (16) Suspenders, trousers
- (17) 1 x Brown towel
- (18) 2 x Brown T-shirts

- (19) 1 Set Polypropylene
- (20) 1 x Boots, black
- (21) 1 x BDU cap
- (22) Athletic shoes and PT uniform complete with black PT cap (NOTE: This may be kept in the rucksack, depending on METT-T).

6. B-Bag Packing List

- (1) Bag, Duffel with lock
- (2) Wool blanket
- (3) Bear suit
- (4) Scarf, Wool
- (5) 1 x Set Polypropylene
- (6) NBC bag with training suit
- (7) ICE pack
- (8) NBC gloves with Inserts
- (9) Boots, chemical
- (10) Balaclava hood (green)
- (11) Nomax CVC overalls
- (12) Nomax CVC gloves
- (13) Nomax CVC jacket
- (14) Crew body armor
- (15) 1 x Boots, black